



**THE WAVE
PROJECT**

ACTIVITIES BOOK



Arts & Craft

Make your own sea foam! A fun activity to play with in your garden

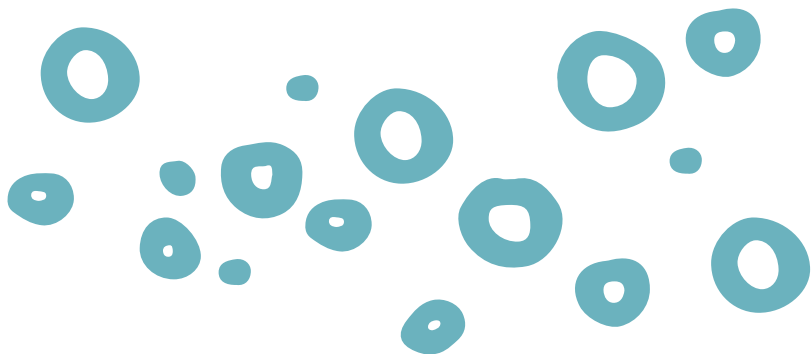
A great reason to go out in your garden, get some fresh air and have a play while you're at it!

You will need:

- Plastic bottle
- Scissors
- Sock
- Washing up liquid
- Water

Tutorial:

1. Cut off the bottom of the plastic bottle using your scissors
2. Slide the sock over the cut end
3. Dip the sock-covered side into a mix of water and washing up liquid
4. Blow through the top of the bottle to create your bubble foam!



Wordsearch

Can you spot all the sea life in this wordsearch?

Q R O A W P Z M S M M E P X I
P Q E H U E T Y A D Z E G H H
N X A T W B A X B C S L Q B D
G L J F T R X V C Z K S C O F
E M A U Z O X Y E R Q E L F K
S W O R D F I S H R S P R R A
J L H S C Q G N H X H E H E E
R E T S B O L S O I D W A L L
H Y D A F H I T N I X P T L S
C R A B H F O A Z S L R O B U
V M S N Y E Q R W M U A E K P
O P O L Z Q G F F T N W E W O
S A L M O N G I J T L N B S T
P E O Y Z R A S N U B S O B C
J R C N K R A H S C D D P Q O

Dolphin
Whale
Turtle
Jellyfish
Bass
Mackerel
Rays

Lobster
Crab
Shark
Otter
Seal
Sea Lion
Star Fish

Octopus
Eels
Salmon
Weaver
Prawns
Swordfish



A man in a white Red Bull long-sleeved shirt and red and grey shorts is surfing a wave. The wave is being created by a large black and red cargo ship with yellow cranes, moving through the Panama Canal. The sky is blue with some clouds. The water is dark blue with white foam from the wave.

FUN FACT

THE LONGEST
DISTANCE SURFING A
SINGLE WAVE IS...

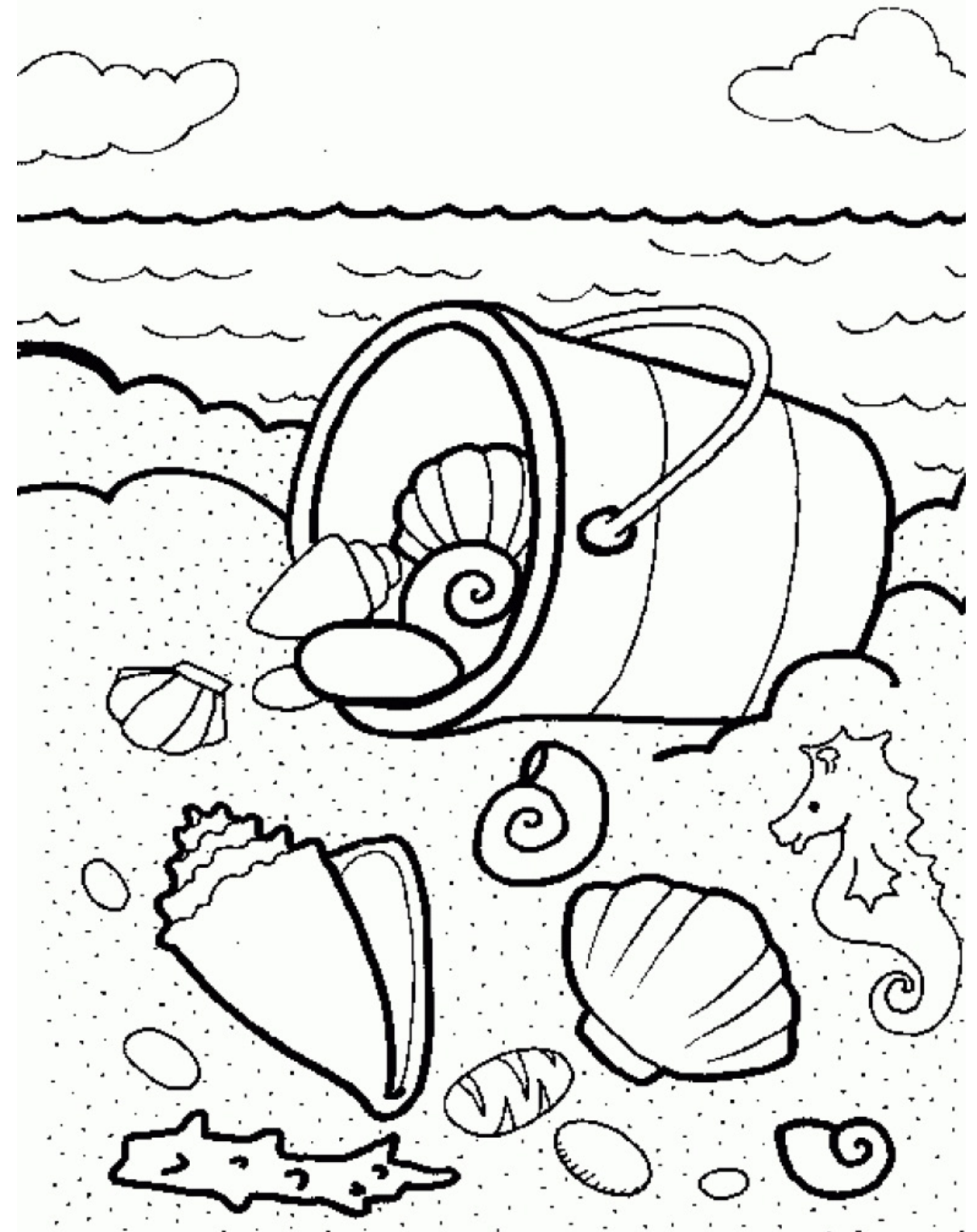
43.1 MILES!

On the 19th March, Gary Saavedra surfed 43.1 miles along the Panama canal in Panama using a wave-creating boat to surf for a total of 3 hr 55min 02 sec!

What's the longest you've rode a wave?

Colour in!

We have a selection of drawings to colour in, varying in difficulty let's see how colourful you can make them!



Draw your own!



Banana Bread!

Bananas going brown? No problem! This simple, vegan banana bread recipe will help turn those ripened bananas into a delicious loaf!

Ingredients

- 3/4 ripe bananas
- 75ml vegetable/sunflower oil (+ extra for the tin)
- 100g brown sugar
- 225g plain flour
- 3 heaped tsp baking powder
- 3 tsp cinnamon or mixed spice
- 50g dried fruit or nuts (optional)

Method

1. Heat oven to 200C/180C fan/gas 6. Mash the bananas with a fork, then mix well with 75g vegetable or sunflower oil and 100g of brown sugar.
2. Add 225g plain flour, 3 heaped tsp baking powder and 3 tsp cinnamon or mixed spice, and combine well. Add 50g dried fruit or nuts, if using.
3. Bake in an oiled, lined 2lb loaf tin for 20 minutes. Check and cover with foil if the cake is browning.
4. Bake for another 20 minutes, or until a skewer comes out clean.
5. Allow to cool a little before slicing. It's delicious freshly baked, but develops a lovely gooey quality the day after.

We'd love to see your wonderful treats! Be sure to tag us on social media!

Make your own kinetic sand!

The perfect decoration for your homemade aquariums or to create wonderful sand sculptures, this easy 3 ingredient recipe will give you hours of fun!

Ingredients

- 340g fine sand
- 204g corn starch
- 100ml oil

Method

1. Mix sand and corn starch together completely.
2. Add in your oil and mix well
3. When there are no oily spots and no dry spots, the sand is ready to play with!

It's as easy as that!

Let's see what you can create with your kinetic sand, be sure to tag us on social media with all your amazing ideas!



Create your own aquarium

Get creative with this little aquarium you can fill with your favourite fish!

What you need:

- 1 large cereal box
- Shells
- Sand
- Light Green Pipe Cleaners (optional)
- Googly Eyes
- Turquoise Paint
- Silver Paint
- Stones
- String
- Coloured paper cut into fish shapes
- Hot glue (adults only to use)
- Scissors

Lets get started!

1. First you need to trace a cut out on your box. Use a pen to make our lines and then scissors to cut out the center of your box.
2. Now paint the inside of your box a turquoise blue color. Paint the outside of your box silver (to look like an aquarium).
3. Now you can decorate your aquarium however you like! Here are the elements we added:
 - Stones to the bottom of the aquarium – to add weight and stability to the box, and decoration (will need to be glued down)
 - Sand on the base to make it look like the bottom of the ocean
 - Green Pipe Cleaners – cut some strips of green pipe cleaners and glue to the bottom of your box to make it look like seaweed.
 - Sea Shells – to hide the bottom of the pipe cleaners and also for decoration (will need to be glued down)
4. Now it's time to add your fish!
5. Decorate your fish however you like and glue on Fish Eyes
6. Take a small piece of string. Tape it to the back of your fish.
7. Now attach to the top of your cereal box.

That's your final step! Now you have a finished cereal box aquarium. We hope you enjoyed making it! Be sure to show us your aquariums by tagging our social media

Aquatic Anagrams

How many of these ocean themed anagrams can you solve?
You can find the answers further in this activity book

1. vewa corpjet

2. figruns

3. cabeh

4. letrut

5. sullage

6. wells



Magnificent Movies

We've selected a few of our favourite movies for you to enjoy at home!



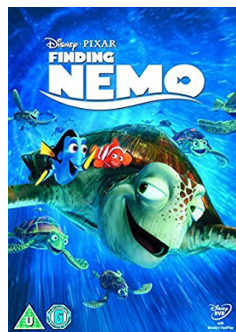
Moana

Moana, daughter of chief Tui, embarks on a journey to return the heart of goddess Te Fitti from Maui, a demigod, after the plants and the fish on her island start dying due to a blight.



Shark Tale

Oscar, a fast-talking fish, becomes an overnight sensation when he lies about having killed a shark. However, he soon begins to suffer the consequences of his deceptive actions.



Finding Nemo

After his son gets abducted from the Great Barrier Reef and is dispatched to Sydney, Marlin, a meek clownfish, enlists the help of a forgetful fish and embarks on a journey to bring him home.



The Little Mermaid

A beautiful mermaid called Ariel makes a deal with Ursula, a sea witch, to meet Eric, a human prince she falls in love with. However, unaware of Ursula's evil plans, Ariel ends up in trouble.

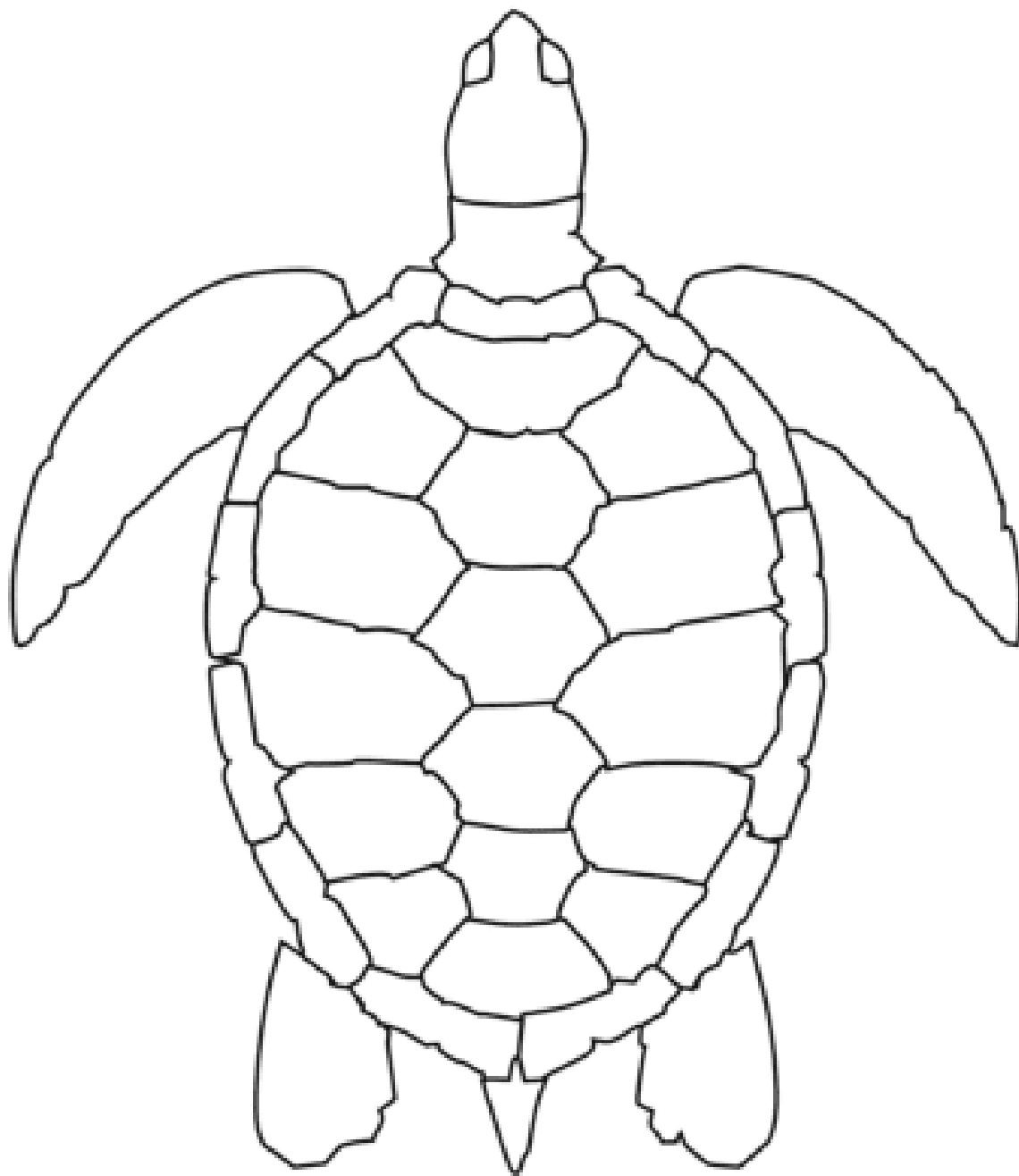
Poetry Page

Whether its a few lines to filling this page and more, we'd love to see what poems you can all create! Be sure to tag us on social media when they are done, we'd love to read them!

[illegible]

Drawing Challenge!

Get as creative and colourful as you can decorating this turtles shell! Be sure to submit your drawings by tagging our Instagram or Facebook page and we shall share all of your beautiful creations!



Quiz Time!

Time to test your knowledge with some sea-life questions!
How many can you get?

1 How many species of jellyfish do we get in the UK?

2 What is the largest animal in the ocean?

3 Which of these is the deepest known part of the ocean? (extra point if you know how deep!)

Mariana Trench

Puerto Rico Trench

The Tonga Trench

4 What's the longest distance someone has surfed a single wave?

5 Which of these is a 'Shaka'



Other useful resources...

We've put together a few online resources that can help keep you and your kids busy, including fitness, fun and education

- www.oxfordowl.co.uk/ - An amazing selection of E-Books and ideas for reading activities.
- www.teachyourmonstertoread.com/ - A brilliant App that encourages early reading skills through games and fun activities.
- www.topmarks.co.uk/ - English, maths and science activities for KS1 and 2 pupils.
- <https://masterthecurriculum.co.uk/> - Maths skills and reasoning activities aimed at challenging all pupils.
- www.activelearnprimary.co.uk/resources#spag - Lots of spelling and grammar activities for KS1 and 2 pupils.
- www.twinkl.co.uk/ - Lots of printable resources suitable for all ages. Free subscription for the next month.
- www.bbc.co.uk/programmes/p06j7xgh - Programmes and learning video clips.
- www.bbc.co.uk/programmes/p007g5y4 - BBC Schools radio- a series of programmes covering music, dance, drama, songs etc.
- classroomsecrets.co.uk/ - Really lovely English and Maths resources for all ages including educational video clips and printables. Free subscription for at least the next month.
- <https://www.cosmickids.com> - Fun yoga activities for you to do with your kids
- <https://www.thebodycoach.com/blog/pe-with-joe-1254.html> - Lessons from Joe Wicks to keep active and fit

Anagram answers

- | | |
|-----------------------|------------------|
| 1 Wave Project | 4 Turtle |
| 2 Surfing | 5 Seagull |
| 3 Beach | 6 Swell |

Quiz answers

- 1** How many species of jellyfish do we get in the UK?

Six

- 2** What is the largest animal in the ocean?

The Blue Whale

- 3** Which of these is the deepest known part of the ocean? (extra point if you know how deep!)

Mariana Trench

Puerto Rico Trench

The Tonga Trench

- 4** What's the longest distance someone has surfed a single wave?

43.1 Miles

- 5** Which of these is a 'Shaka'





Registered charity in England and Wales, no. 1163421
and in Scotland, no. SCO46500



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Wave Project



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