

Blackwater Newsletter

Friday 19th June 2020

ISSUE 24

Dear Parents and children,

We hope you are well and settled into a new normal. As we reach the end of the third week of this Summer term, we are welcoming more children at school but ensuring our provision at home is second to none. This week I asked you your opinion about our home learning and thank you for taking the time to reply. The summary follows this page. Please be assured that with the increase in numbers in school, we are following all the risk assessments and necessary guidelines to keep everyone safe.

As yourselves, I await the next announcement from the government to find out what the arrangements are for September will be. Thankfully, the number of new infections and deaths from Covid 19 continue to fall almost daily at present, so we are hopeful that September may bring the opportunity for a normal start to the school year but we can only, like you, keep our fingers crossed at this stage.

Thank you for your unerring support over the past couple of months as it has made a hard situation more manageable and ensured we have all been able to stay safe and healthy. If there is anything else I can help you with at this stage then please feel free to contact me at school—email is best at the moment for obvious reasons.

Best wishes

Mrs Evison

CORONAVIRUS (COVID-19)

**WE ALL
MUST DO IT
TO GET
THROUGH IT**



STAY SAFE



SAVE LIVES

GET YOUR DAILY D.O.S.E.

How to get your daily DOSE of happiness chemicals



2 How Deficiency Affects You

<ul style="list-style-type: none"> procrastination low self-esteem lack of motivation low energy or fatigue inability to focus feeling anxious feeling hopeless mood swings 	<ul style="list-style-type: none"> feeling lonely stressed lack of motivation low energy or fatigue disconnect of relationships feeling anxious insomnia 	<ul style="list-style-type: none"> low self-esteem overly sensitive anxiety/panic attacks mood swings feeling hopeless social phobia obsession/compulsion insomnia 	<ul style="list-style-type: none"> anxiety depression mood swings aches and pains insomnia impulsive behaviour
DOPAMINE	OXYTOCIN	SEROTONIN	ENDORPHIN

3 How to Increase Happiness Levels

<ul style="list-style-type: none"> meditate daily to do list long term goals food rich in L-Tyrosine exercise regularly create something: writing, music or art 	<ul style="list-style-type: none"> physical touch socializing massage acupuncture listening to music exercise cold shower meditate 	<ul style="list-style-type: none"> exercise cold showers sunlight massage 	<ul style="list-style-type: none"> laughter/crying creating music/art eat dark chocolate eat spicy foods exercise/stretching massage meditate
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Free School

Meals Vouchers

If anyone else has had a change of circumstance, please let me know and these vouchers can be organised very quickly.

Mrs. Evison

Paddling Pools

Do you have any old paddling pools at home?

This company offer free postage to get rid of them for a good cause.

Follow this link for more information:

<https://www.wyattandjack.com/pages/faqs>

Uniform for September

I have had a number of parents ask me about uniform for September. Our aim is to have children in our uniform as much as possible however if you are unable to buy as much branded uniform this year, you are welcome to supplement with plain. We want to continue to support families financially next year as much as we can.

Calling **ALL** pupils! Have **you** signed up for the Summer Reading Challenge yet?

How it works:

1. Join the Silly Squad and pick your avatar.
2. Discover **awesome** books to read.
3. Play games, earn points and more!
4. Unlock exciting badges throughout the challenge.

What are you waiting for? Join the challenge now!
Simply visit <https://summerreadingchallenge.org.uk/>

Happy reading!



Home Learning Review

Thank you to all of you who completed our Home Learning questionnaire via the Survey Monkey links sent out last week.

We had responses from approximately 40% of the parents which is a good representative sample. The overall feedback was one thanking the teachers and all their hard work at this time, and for responding to their needs so quickly.

The purpose of the survey was to help us identify areas where we can improve the work we set online in order to better meet your needs. There were some recurring themes coming up in the parental responses so we have thought about these and are giving the following answers to them.

Q. Can we have more interactive / teacher led lessons please?

A. A handful of parents asked about the possibility of using zoom or teams to stream online lessons. This is something we did consider but now having the teachers back working full time in school, we thought we would continue with the morning videos so enthuse and keep that relationship going with the teachers.

Q. It would be nice to have more direct feedback from some staff about the work set.

A. The teachers are working hard at setting the work, teaching in school and checking the Seesaw on a daily basis. We have set up a system that all work will be set and commented on by a member of staff in school.

Q. Can we still access reading books from school?

A. We have just set up Oxford Owl log ins for all classes so then children can access hundreds of online books:

Wheal Friendly: Username and Password: **Friendly1**

Wheal Harmony: Username and Password: **Harmony!**

Wheal Busy: Username and Password: **Busy!**

Wheal Luna: Username and Password: **Luna!**

Q. I'm finding it harder and harder to motivate my child to take on the tasks test.

A. it is understandable that it is difficult to create a school environment in your home, and that relationship that you have with your child is very different to that of a teacher. Added to this, there will be some home-learning fatigue creeping in the longer that the school remains closed. Please keep going!! I know it is challenging but you are all doing a brilliant job. You might want to switch it up and try some different activities, for example we are really happy for you to have a go at the National home learning platform: <https://www.thenational.academy/> or as we have said before, to pick and choose from the overview what best suits you and your family.

We would love for the children to continue reading daily and also keep up with their maths fluency (times tables, number bonds etc..).

We are also planning to have feature weeks over the last five weeks so hopefully that will continue to engage them to take part in all sorts of learning.

Feature Weeks

Week 4 (22nd—26th June)	Cornwall Virtual Games A sports week for children to take part in to compete against other Cornish schools.
Week 5 (29th—3rd July)	Arts Week For children to take part in different art activities to share and enjoy at home and at school.
Week 6 (6th—10th July)	Maths Week Have a go at some fun, challenging activities to boost the love of mathematics!
Week 7 and 8 (13th July - 23rd July)	Community and Nature Week With the help of some experts, we are going to be learning and helping the hedgehogs in our area!

In Summary

- ⇒ *We have organised Oxford Owl log ins for all the children to have access to hundreds of books at home.*
- ⇒ *We are starting 'feature weeks' to encourage and excite children for the last five weeks.*
- ⇒ *We will continue with our weekly overviews, morning videos, assembly videos.*
- ⇒ *We are really happy if parents and children want to use the National Oak Academy more instead of our provision if that is going to interest your child and keep them going!*





To stop the spread of coronavirus (COVID-19), you should try to avoid close contact with anyone you do not live with. This is called social distancing.

Stay at home as much as possible.

It's very important to stay at home as much as possible.

There are only a few specific reasons to leave your home, including:

- for work, if you cannot work from home
- going to shops to get things like food and medicine, or to collect things you've ordered
- to exercise or spend time outdoors
- for any medical reason, to donate blood, avoid injury or illness, escape risk of harm, provide care or help a vulnerable person.

When outside your home, it's important to try to stay 2 metres (3 steps) away from anyone you do not live with.

<https://www.nhs.uk/conditions/coronavirus-covid-19/>



Cornwall Partnership
NHS Foundation Trust

The Trust has its own Out of Hours telephone support provided by Support Matters Cornwall. This service operates from 5pm to 9am on weekdays and 24 hours a day at weekends and bank holidays. The service is open to all patients (aged 16+) under the care of the Trust's mental health services. Support can be delivered over the telephone, via text, email or web chat. Call free on **0800 001 4330**.

This is an unusual time and we are conscious that some people and families will be finding it difficult. We have included some helpline numbers on this page in case anyone finds them useful.

0300 123 3393



"It's alright to ask for help"



116 123



NATIONAL DOMESTIC VIOLENCE HELPLINE

0808 2000 247

24/7 CONFIDENTIAL FREEPHONE



Sports Day

Monday 22nd - Friday 26th June



Watch my video each morning to know what activities to take part in.

Please see Cornwall Virtual Games e-mail.



University of Exeter

TAG US IN YOUR
PICTURES @
#CORNWALLVSG2020



All information will be released over on our facebook page

@CORNWALLSCHOOLGAMES

So make sure you check it out & give us a follow!

NEED HELP? CONTACT US AT:
CornwallSchoolGames@cornwall.gov.uk

CORNWALL VIRTUAL SCHOOL GAMES MONDAY 22ND - FRIDAY 26TH JUNE 2020

HERE'S ALL THE INFORMATION

MONDAY 8TH JUNE 2020
Registration opens for schools & activities are released

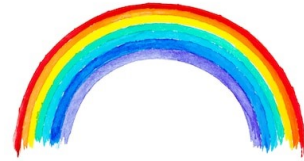
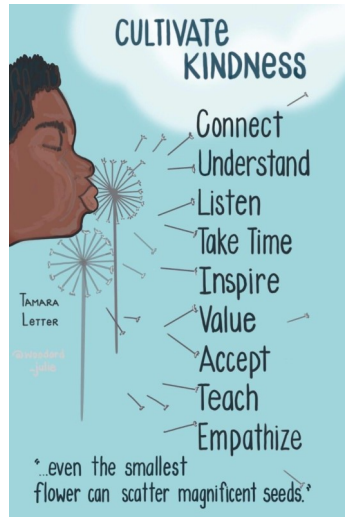
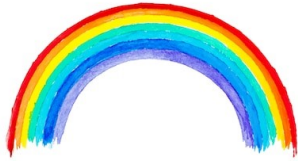
MONDAY 22ND JUNE 2020
Virtual Opening Ceremony

MONDAY 22ND - FRIDAY 26TH JUNE 2020
The Cornwall Virtual School Games where activities are completed and performances recorded

FRIDAY 26TH JUNE 2020
Virtual Medal Presentations



This year, we will be taking part in the Virtual Cornwall School Games. It is a really exciting event for all children across Cornwall.



★ Stars of the Week ★

Stars of the Week

Wheal Friendly: Indy and Bodhi for amazing home learning and drawing skills

Wheal Harmony: Milo for settling back into school well and super maths lego at home.

Wheal Busy: Aiden W for fantastic home learning, especially his science work.

Wheal Luna: Riley B for his focus, determination and perseverance this week.

Above and Beyond

Mia E for her amazing Science skills, especially her rainbow making.

Each star will get a special certificate flying into the inbox of their parent's email.

"The beautiful thing about learning is that no one can take it away from you". BB King

